



Friends of Londiani Annual Report 2011





FRIENDS OF LONDIANI IRELAND
MARAFIKI WA LONDIANI

Annual Report 2011

Front Page photo – Women coming from the Market in Kamasian



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The Millennium Development Goals





Message from the Chairperson

2011 has been an exciting year for FOL. In 2011 FOL moved to a new office in Midleton, Co Cork, and employed an Office Manager. In Kenya FOL's organisation structure changed and its capacity increased with 3 new office staff employed. The organisation in Kenya has gone from strength to strength and the Boards of FOL in Ireland and in Kenya continue to work together driving the strategic direction of the organisation forward.

FOL believes in volunteerism and its benefits to communities far and wide. In 2011 75 people from 8 different countries volunteered for our Harambee projects. These volunteers have worked with volunteers in local communities in the true spirit of togetherness – Harambee is the Swahili word for togetherness and this is what volunteering with FOL is all about. I would like to express my sincere thanks to these volunteers on behalf of FOL and the communities in which we work.

FOL believes that nothing can be achieved in isolation. Partnerships and working together – are the essence of Harambee. FOL believes that no one organisation has the entire solution – partnership is key to making change, learning from one another and being committed to make a real difference. 2011 brought new partnerships for FOL including Friends of Kipkelion in the UK and Girls for Girls USA. These new partnerships bring new opportunities for the communities in which FOL works.

There were many achievements for FOL in 2011 under each of its programme areas. Under the Health Programme we continued our partnership with Mayo General Hospital which is linked with Londiani District Hospital. FOL's partnership with the District Health Management Team also continued and we continued to support the roll out of the Community Health Strategy. In November FOL volunteers assisted the District Health Medical team with polio outbreak control for children under 5. FOL in partnership with Environmental Resources Management and the Ministry of Public Health in Londiani and Kipkelion installed 106 smokeless stoves throughout the area. These stoves have huge health, financial and time benefits when compared with traditional stoves.

Water is life, and FOL's water programme has grown from strength to strength throughout 2011. We continue to work on implementing community water systems and rainwater collection tanks across the District.

The third area of our programmes is education and FOL believes that investment in education is an investment in the future of a community. In 2011, FOL supported 335 students in Primary,



Secondary and Third Level Education. In 2011 FOL continued its School Network activities, and 6 teachers from our 3 link schools in Londiani travelled to Ireland in April.

FOL believes that economic empowerment is also key to development. In September FOL began working with 11 villages on a sustainable tourism project. The group agreed that the aim of the sustainable tourism project was “To welcome visitors; to share our natural, social and cultural assets; to partner with us; to learn with us; to realise our dream of healthy, strong communities now and in the future.” The communities created this aim themselves and I think it is very similar to the aim of FOL and the essence of it is people working together.

FOL believes that the role of women is key to the development of a community. The women in Kenya are incredible – they are the leading lights, they are the people who knit a community together. They believe in the greater good, and are willing to challenge, to question and to encourage.

In 2011 FOL continued the Alternative Rites Programme and in December 26 communities ran Alternative Rites Programmes for their girls. The “Girls for Girls” programme has gone from strength to strength with the introduction of reusable sanitary pads and improved sanitation in numerous schools throughout the District.

FOL supported the “We Don’t Care Less” campaign in 2011, and will continue this support in 2012. FOL believes that Overseas Development Aid works – it saves lives, it provides healthcare, it supports education, human rights and the fight against poverty worldwide.

The essence of FOL is its people – all working together and who have a belief in a common good. These people are our volunteers, our supporters, the FOL Board of Directors, the Management Team and the Chief Executive Officer and the Staff. I would like to take this opportunity to thank them all for their passion, support and hard work during the last year.

Maria Kidney
Chairperson



FOL Programme of Activities

Programme Objectives

Friends of Londiani's overall strategy aims to enhance the community's ability to improve their basic education and healthcare in order to improve productivity and thus reduce poverty, hunger, child and maternal deaths as well as improve education performance across all stages of the health service. A key part is when the communities assess their needs and decide on what projects to undertake.



Achievements and Performance

In partnership with community groups and government ministries in the Kipkelion District of North West Kenya, FOL has supported Health, Water and Education projects in 2011.



Health Programme

Health Programme Objective:

To consolidate the existing district & community level health services so that they best meet community needs; to consolidate the "Healthy Village" model in those villages where it has been introduced; to roll-out the "Healthy Village" model to the remaining villages as part of a coordinated approach to community healthcare in Londiani.

- 4 Essential Obstetric & Neonatal **Courses for healthcare professionals** run jointly by Irish and Kenyans for 100 participants.
- 2 **Maternal & Child Health Courses** were run for Community Health Workers (CHW) and Community Referral Assistants (CRA)
- FOL supported 26 **Public Health Field Days** in partnership with local Ministry to highlight issues pertaining to daily life and health risks such as malaria, HIV/AIDS, nutrition, dental health care, smokeless cooking etc.
- Provision of 7 **Ventilated Pit Latrines** serving 4 schools with a total population of 2,050.
- 31 **Lifeskills Peer Education Courses** for community groups of men, women and young adults were completed in 2011.



- **District Health Management Team Partnership (DHMT)** - FOL has an excellent partnership with the Ministry of Health and the District Health Management Team. FOL assisted the DHMT with the preparation and development of Annual Operational Plan and works with the team on capacity building.
- Trainings for Community Health Workers (CHW) and for Community Health Extension Workers (CHEW) as part of the rollout of the **Community Health Strategy**
- 15 **Village Health Committees** attended a training course introducing the Healthy Village Methodology.

- Two new **operating theatres** were completed and one was commissioned in Londiani District Hospital – part-funded by Irish Aid, FOL and Mayo General Hospital, Castlebar. This project was coordinated by a local project team including members of LDH Staff, representatives of the Ministry of Health, community representatives and FOL Kenya. This team has worked hard and the operating theatres will serve the entire Kipkelion District



- **Hospital Link Project** with Londiani District Hospital and Mayo General Hospital – both of these hospitals continue to work on their 'Baby Friendly' programmes and share their learning

- **Girls for Girls (G4G) programme** was launched in 2010 with the aim of providing sanitary resources to girls in Kipkelion to enable them to go to school. Having to miss school each month is a common problem for girls as they cannot afford basic sanitary towels and in addition to that the condition of latrines and facilities in school are often very challenging. The G4G programme includes provision of sanitary towels through a self-supporting, cost effective scheme; support for schools to improve their sanitation by providing enough latrines and washing facilities for girls and an educational resource for schools in Kenya which teaches girls about hygiene, personal growth, life-skills, sanitation, puberty & sexual health and rural finance. During 2011 235 reusable sanitary kits were distributed across the district and the pilot programme was completed and evaluated. Girls for Girls USA was founded and has set up a partnership with FOL.





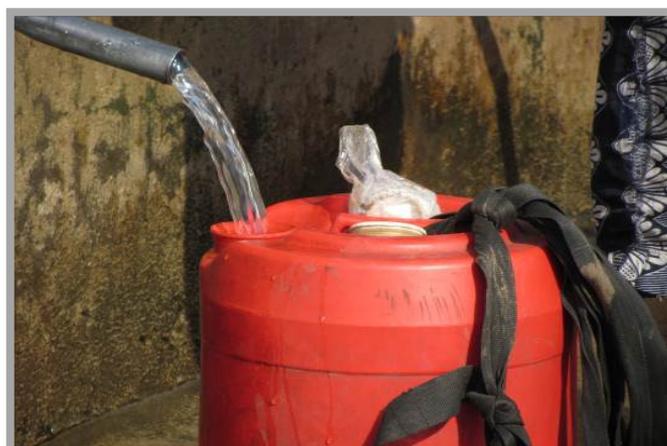
Water Programme

Water Programme Objective:

To provide potable water to villages from secure sources with well-managed distribution systems consistent with the "Healthy Village" development plan.



- **Community Rainwater Collection Tanks** Projects continued in 2011 with 2 villages and 1 school project. In total 18 tanks (16 x 5,000 litres and 2 x 10,000 litres tanks) were installed. These tanks will be shared among several families and already have contributed to increased school attendance and less water borne diseases in the area.
- Work during the July Harambee included a **review survey of water tanks** installed since 2007 and mapping of each tank using GPS
- Investigation of **Protection of water sources** & springs continued throughout the year completion of various water projects in 2011 brought access to clean water to 20,000 people.
- **Kunyak Water Project** - 3 major projects have been started in this area – Kunyak Secondary School, Talai Spring and Sirgoiri Primary School. These areas were chosen by the community as the areas in most in need of assistance, and where most outbreaks occurred. The lack of water in Kunyak Secondary school has contributed to 80 girls dropping out of school due to lack of sanitation facilities.
- **Ndubusat Water Project – During 2011** the physical construction side of this project was completed, and water is now flowing from water kiosks in the village. This community-run scheme is the first of its kind in this area. Members of the scheme participated in training and awareness building on water charges, and the sustainability of the scheme.





Education Programme

Education Programme Objective:

To work at each level of Education in Kipkelion so as to ensure that everyone has an opportunity to receive at minimum a basic education to help the overall development of the communities.

- Support of 335 **Education Bursaries** to children in need and orphans with no alternative source of funding for their education
- **Teacher Seminars** are part of the District Education plans and involve both professional development and capacity building trainings. In July, a seminar was held in conjunction the Harambee for one day covering the subjects – Drama, P.E. and Art for the primary school curriculum. There are 51 schools in the District and 49 of them were represented with over 120 teachers in attendance. Six Irish teachers were amongst the Harambee volunteers who took on the task of running this seminar. The Public Health Officer also ran a session on the Healthy Schools Programme and the Education Office were delighted with the success of the event.
- FOL ran 4 **Business training courses** in 2011 working with local groups/business on skills including finance, marketing and planning. Trainings on interview skills were also held for bursary students.
- **Healthy Schools Programme** – a joint programme between FOL, the Education Office and Public Health Office. Training is provided for teachers and resources given to each school for students to set up Health Clubs. Each school carries out an audit of their facilities and needs and creates an action plan to address their most pressing issue – be it latrines, hand-washing, water, rubbish, etc. During 2011 the target of 30 schools was met with – 15 primary and 15 secondary.
- **Teacher Education Seminars** - FOL has worked in partnership with the Ministry of Education both in Kipkelion and Londiani in facilitating teacher seminars. These enable capacity building among the educational staff in key areas such as Healthy Schools, Life-skills, Drama, Art, Physical Education and other curriculum areas. As well as building capacity, the seminars built relationships between schools and FOL.



- **Community Education Programme** on Female Circumcision abandonment and the **Alternative Rite of Passage** – a pilot of this programme was run in 2009 with 2 communities, in 2010 this expanded to a further 6 villages and in 2011 the programme was taken up by a further 34 communities reaching over 1200 girls. The communities involved undertake to educate the community about the issue of female circumcision and run a five-day lifeskills and cultural training for girls who are at risk.



This is called an Alternative Rite of Passage and is providing an option for families to choose instead of female genital cutting. Local women and men prepare the course, the materials and give the trainings. This community education programme is helping to make progress to eradicate the practice of female circumcision which is a high risk activity and an abuse of human rights.

- **Youth Capacity Building** - FOL has organised many events and activities for the youth in Kipkelion District this year including sports tournaments, drama workshops, and proposal writing workshops. These events have assisted youths from different tribes and locations mix together and share their experience

- **Worldwise Schools linking programme and FOL network-** WorldWise is the Irish Aid Schools Linking and Immersion Scheme. It aims to raise awareness of development issues among Irish students, teachers and the wider community, and to heighten interest in and relevance of development education within the post-primary curriculum. WorldWise provides funding to second-level schools and colleges that are involved in immersion and linking projects with partner schools or organisations in developing countries.

The following schools have been involved with the Worldwise Schools linking programme for the past two years and remain part of a FOL network of 6 Irish & Kenyan schools –

- Moate Community School & Moi Sorget Secondary School, Londiani, Kenya
- Mountrath Community School & Londiani Girls Academy, Kenya
- Killinarden Community School & Kapcheplanga Secondary School, Londiani, Kenya

Following on from a very successful MDG workshop in Mountrath, the three Irish schools joined together again in 2011 in Killinarden Community School to learn about MDG 1, 4 and 7. Students from each of the 3 schools took responsibility for producing a workshop based on one of the chosen MDG's and with much creativity and imagination the student led workshops proved very informative.

Six Kenyan teachers visited Ireland in April as part of the Worldwise programme from the 3 link schools in Kenya. They took part in the MDG workshop, spent time in their linked schools, were guests at the annual Kenya Ball and were hosted by the schools and enjoyed the Irish scenery and weather!

WORLDWISE



 **Irish Aid**
Department of Foreign Affairs
An Roinn Gnóthaí Eachtracha



Volunteer Projects 2011

Girls for Girls Training – February 2011

As part of the Girls for Girls programme a “Train the Trainers” event was held in Londiani in February 2011.

During this event the specific ‘sanitary’ education and awareness program was developed and delivered to the Teachers of the 4 pilot schools in the programme. 16 Volunteers from 8 countries travelled to Kenya to work in partnership with the Ministries of Public Health and Education, and FOL.

The volunteers also visited schools in the Healthy Schools Programme during the project.



Eastern Region, Irish Girl Guides – April 2011

As part of the Irish Girl Guides Centenary Celebrations, seven members of the Eastern Region Senior Branch, Irish Girl Guides traveled to Kenya in April to take part in a service project. The team were involved in many tasks including the Healthy Schools Programme, Lifeskills Peer Education Programme, Girls for Girls Campaign, Water projects, mapping, painting, and tree planting.



July Harambee 2011

In July with 28 volunteers traveled to Kenya over the course of 3 weeks. It was a very successful project based on two sites - Benditai and Londiani -

with very positive feedback from all parties involved. During the project, the first smokeless household stoves were installed in both communities. This is a new project for FOL and will make huge improvements to family health especially mothers and babies and time taken to gather firewood which will have an impact on girls in the community making more of their time available for school.



The main tasks undertaken with the communities were Lifeskills, Smokeless Stoves, Healthy Schools Programme, GPS & mapping including monitoring of water projects, Construction and Drama workshops.



September Harambee 2011

In September 2011 a group of FOL supporters from Australia & New Zealand became the first Australasia Harambee to Kenya! They worked on the healthy schools programme, the Girls 4 Girls programme and a new sustainable tourism project.

This Sustainable-Tourism Project was launched in Ndubusat during the Harambee. Members of the community in Ndubusat are exploring the possibility of building a marked walk between villages as a sustainable tourism project.

The Harambee team assisted with a community meeting where representatives from all villages on the proposed route attended. The team visited 15 villages during the week to meet the communities involved, survey facilities, identify areas of interest etc. The surveys from these visits then fed into a 3 day "Foundations in Sustainable Tourism" course held during the Harambee.

Although in its infancy, the feedback from this project to date has been hugely positive and FOL look forward to the journey ahead.



October Harambee 2011

A group of 16 volunteers travelled to Kenya in October and based themselves in Kipkelion. This team included the link team from Mayo General Hospital. They worked in Kipkelion, Ndubusat and Londiani on the Healthy schools programme, business training, installing smokeless stoves and assisting self-help groups. They also continued the Sustainable Tourism surveys. There were medical volunteers amongst the team who ran an Essential Obstetrics & Neonatal Course, Maternal Health Course, and worked alongside the community health workers on outreach clinics and the volunteers assisted the District Health Medical Team in with polio outbreak control for children under 5.

They helped run FOL's first community first aid course.

The link team worked with staff in Londiani District Hospital on medical education programmes.





Friends of Kipkelion visit Kenya

Friends of Kipkelion is a UK Trust which began a partnership with FOL in 2011.

Two trustees of Friends of Kipkelion visited FOL Kenya and the areas in which it works in October. The visit was an initial introduction to FOL Kenya, its staff and communities with which it works. The visit began with a trip Guito Primary School, and Simboiyon Primary School to look at the latrines and learn about the Healthy Schools Programme.



Day two of the visit was to Kuniyak to meet the community, and view water projects supported by Friends of Kipkelion. The visit started in Kuniyak Secondary school where the students put on a performance for them. The ratios of boys to girls in the school is quite stark with about 70-80 girls not in school due to sanitation and water. Kuniyak is a real hardship area.....and water is a major issue. This is where 58 people died in a month at the end of 2008 from cholera. The school has often being closed due to cholera outbreaks etc.

Following Kuniyak the team went to Sirigoi Primary School which is on the Nduro water scheme, and from there to the local church where the water committee put on lunch and some thank you speeches. The visit ended by visiting Tindano Secondary School in Kipkelion as this was where Michael, one of the trustees taught in 1976.

It was a great opportunity for Friends of Kipkelion to visit the communities and projects in Kenya. FOL wishes to thank Friends of Kipkelion for their support and look forward to building this partnership into the future.

Journalists visit Londiani on Simon Cumbers Fund

Simon Cumbers was a journalist who hailed from Navan, Co. Meath. As an experienced journalist, his career took him from newspaper and radio reporting in Ireland to reporting and producing for ITN and Channel 4 Daily – amongst others – in the UK. In 2005, a little over a year after his tragic death, Irish Aid established the Simon Cumbers Media Fund to honour his memory. The aim of the Fund is to assist and promote more and better quality media coverage of development issues in the Irish media.

In July of 2011, journalist Dearbhla Geraghty who works for the Connacht and Galway City Tribune newspapers in Galway successfully secured funding from the Simon Cumbers Media Fund to write about the Healthy Village programme. She travelled with the Irish Harambee team in July and published an article on her experience. Mairead Cullen, an independent radio documentary producer also received funding for a documentary on the practice of female circumcision and its eradication through an alternative rite of passage in the Londiani area of Kenya. This documentary can be heard on the FOL website



FOL would like to thank both Mairead and Dearbhla for all their hard work and dedication to their chosen topics of development. It is wonderful to see the issues of development being covered in Irish media.



New programmes

Wilderness First Aid course – FOL ran its first community first aid course in November 2011 in partnership with Training Expertise, a UK based Company. 24 community health workers attended. The course was designed to be participatory and was well received by all.

Smokeless Stoves – A “smoke free cooking environment” is one of the elements of a Healthy Homestead which is the base of the community health strategy.

FOL in partnership with Environmental Resources Management (ERM) have undertaken major research into the concept of smokeless fuels and looked at ways of reducing smoke in household kitchens. This type of indoor smoke contains a range of health-damaging pollutants including small soot or dust particles that are able to penetrate deep into the lungs. This indoor air pollution kills, according to World Health Organisation (WHO) 1.6 million (this equates to one death every 20 seconds) people annually. Women and children, particularly those under five who are strapped to their mother’s back while cooking over the fires, are disproportionately affected.



Working with the local Community Health Workers, Public Health Office and community members FOL has now begun piloting various smokeless stoves in Londiani. The new stoves use less fuel and hence have a low carbon output. Building the stoves, evaluating them is the initial phase of this project. The first household smokeless stoves were installed during the July Harambee and more followed during the September and October Harambees. In all, 106 stoves were built during 2011 – 101 household & 5 institutional. The next phase will be to design and implement this project in a way that can provide income generating/ business opportunities for this community of Kipkelion District, and develop a model that can be adopted in other communities. FOL would like to thank Environmental Resources Management (ERM) for their support and consultancy with this project.



Sustainable Tourism – a new initiative began in September 2011 and FOL are currently working with 11 villages to establish this programme. The group agreed th at the aim of the sustainable tourism project was “To welcome visitors; to share our natural, social and cultural assets; to partner with us; to learn with us; to realise our dream of healthy, strong communities now and in the future.”





Advocacy & Volunteering Issues

Friends of Londiani has a strong ethos of volunteering and values the involvement of volunteers throughout the organisation. FOL has adopted the Comhlámh Code of Conduct for volunteer organisations and completes the Comhlámh Code of Good Practice Self Audit on an annual basis.



FOL is a member of Dochas – the Irish Association of Non-Governmental Development Organisations and adheres to the Irish Development NGO Code of Corporate Governance.



Friends of Londiani is a signatory of the Code of Conduct on Images and Messages and provides all volunteers with a training on the Code.



Commitment to Standards in Fundraising Practice

Friends of Londiani is committed to achieving the standards outlined in the Statement of Guiding Principles for Fundraising.



The statement provides Irish charities with good practice standards for fundraising. It was developed after extensive consultation with industry experts and stakeholders including charities, non-profit organisations, legal and financial advisors, donors and academics.

Friends of Londiani commits to doing this by:

- Maintaining good fundraising practice
- Providing high levels of accountability and transparency to our donors and prospective donors from the public
- Provide clarity and assurances to the public about how we spend your money



FOL remained committed to the Act Now on 2015 Campaign in 2011.

2015 will be a critical year for the international community's efforts to make poverty history: this is the deadline for the eradication of the worst forms of poverty, and over the next three years, our promises need to be turned into action.



In 2011 activities included political Lobbying, Coordination of Communications and Member activities. The following are the core messages of the campaign:

1. **"0.7% by 2015 at the latest" – starting now!**
2. **2010 is the year of the MDGs, we need an action plan!**

The name 'Act Now on 2015' was conveyed the importance of the 2015 target, and the need for action to be taken immediately to ensure that this target is reached.

There are by four secondary messages in the campaign –

1. Aid works – Aid from Ireland helps fight global poverty.
2. Aid is affordable – It is only 70 cent in every 100 Euro.
3. Ireland's role in the world – We need the world, and we need to engage with the world.
4. Aid is in Ireland's interest.



Events in Ireland in 2011

New FOL office in Midleton

FOL moved address from Whitegate to a rented office space in Midleton in September 2011. An office manager was employed to run the office and she is assisted by many volunteers who give time each week to FOL.

The Annual Kenya Ball

The annual Kenya Ball, took place on Saturday 16th April 2011 at the Maryborough House Hotel & Spa in Cork. Among the guests were Her Excellency Catherine Muigai Mwangi, the Kenyan Ambassador to Ireland; Lorraine Kingston, Deputy Lord Mayor and 6 teachers visiting their link partner schools.

The theme for this year's Ball was based on one of the organisations most successful projects - the 'Healthy Schools Programme' which Friends of Londiani in partnership with the Ministry of Health and Ministry of Education implement in schools in Kenya. The aim is to reduce environmental risks to children's health that arise from the settings where they live, work or play. During the night, a video of the work of this charity, highlighted how the Healthy Schools Programme empowers students to address the health issues in their schools through Student Clubs. A simple idea with far-reaching effects.

This school programme demonstrates the inter-related nature of the work of FOL. Founded in 2002, FOL works in North West Kenya on sustainable community projects in the areas of Water, Health and Education. Friends of Londiani are committed to contributing to the achievement of the Millennium Development Goals in accordance with the United Nations Declaration of Human Rights. The Healthy Schools Programme intertwines all those key ideals into one programme for children.



Volunteering was emphasised as one of the foundations of FOL by Maria Kidney, Chairperson of FOL during her address. In this the International Year of the Volunteer, FOL is delighted to announce that this year 5 volunteer projects will take place with almost 100 volunteers from 6 countries. Martin Ballantyne the Executive Director said "to see volunteers ranging from late teens to late 60's joined together with Kenyan communities, working to a common goal is a wonderful thing and volunteerism in Ireland remains strong".

FOL Golf Classic at the K-Club

In June 2011, the K Club hosted a Friends of Londiani Golf Classic. 21 teams took part in the event raising over €10,000 between them for community development programmes in Kenya. The golfers followed in many famous footsteps on the greens of the Ryder Cup course. They enjoyed a dinner that evening and a silent auction was held with prizes including one of Pádraig Harrington's drivers and signed rugby and football jerseys. FOL are very grateful to both the K Club and Chris Kelly for hosting and organizing this event and all the golfers, companies and supporters of FOL who took part.



FOL attended the WAGGGS World Conference

FOL attended the World Conference of the World Association of Girl Guides and Girl Scouts (WAGGGS) in Edinburgh in July 2011. FOL were part of the Partner Expo where WAGGGS partners displayed their work, links with WAGGGS and various projects.

FOL has worked with WAGGGS on community leadership projects including the Juliette Lowe Seminar and Girls for Girls Project. It was great to meet so many people who are working to support the Girls for Girls initiative in Londiani; and to share ideas and experiences with many NGOs and member organisations. Partnership is key to success in development where organisations can identify synergies and work together to achieve a common goal.



School & Community Group Visits

Friends of Londiani continued to join students in their classrooms to explore global issues and learn about Kenya. FOL also joined with many youth groups such as Girl Guides units to work on activities relating to global justice. Community groups such as the Irish Countrywomen's Association and Faith and Justice Groups have also invited FOL to local events. FOL is delighted to work with groups on development education topics.

Better Together Video

In October & November, community groups and associations up and down the country of Ireland were busy submitting their short inspirational videos to the Better Together Video Competition. The public were then invited to vote on these videos and help spread the word about the work being done in communities across the country every single day. FOL took part in the competition and submitted a short video

<http://www.bettertogether.ie/content/friends-londiani>.

Thank you to all of you who voted for FOL in the competition. We came 12th in our category with 774 votes in total. Your support is hugely appreciated!



Make a Difference to YOUR community



Funding

Friends of Londiani depends on national fundraising events, private donations, local fundraising by volunteers, business donations and grants. FOL is grateful to all those who have fundraised on FOL's behalf and on behalf of the communities in Kenya.

Irish Aid is the Government of Ireland's programme of assistance to developing countries. Friends of Londiani received funding from the Department of Foreign Affairs through Irish Aid in 2011. This grant was specifically for Water, HIV/AIDS and Health projects and will be used to part-fund these projects. FOL gratefully acknowledges their support.



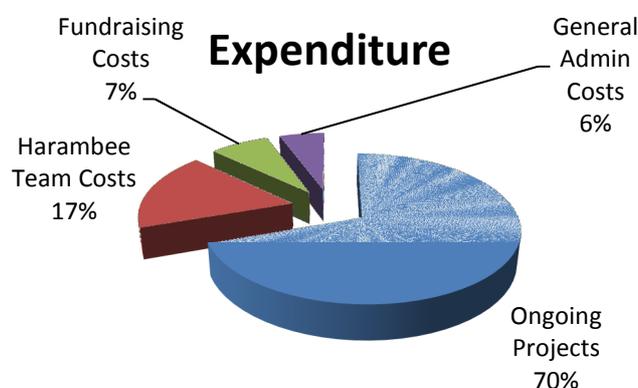
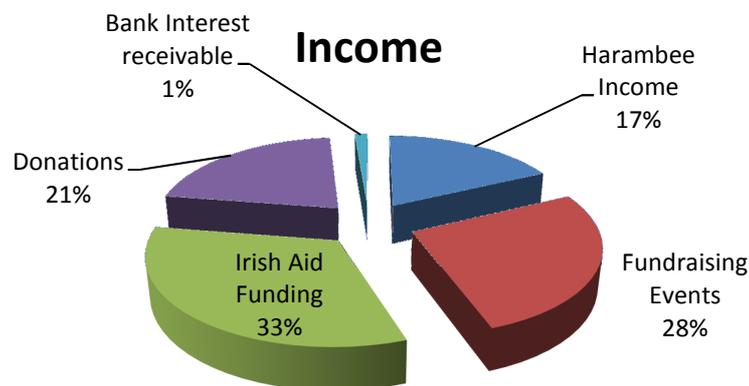
The FOL School Network was funded by Irish Aid through the WorldWide programme and was managed by Leargas.



Friends of Londiani would like to thank Musgrave Retail Partners Ireland for their support of Education Bursaries in Kenya in 2011. Their support gave children the opportunity to attend school. The bursaries form an integral part of FOL's work towards the Millennium Development Goals.



2011 Summary





Financial Report 2011

Statement of Financial Activities for the Year Ended 31 December 2011

	<u>2011</u>	<u>2010</u>
	€	€
INCOME		
Harambee Income	91,108	76,796
Fundraising Events	135,250	112,268
Irish Aid Funding	166,094	147,524
Donations	108,049	74,395
Emergency Appeal	-	-
	<hr/>	<hr/>
	500,501	410,983
INTEREST RECEIVABLE		
Bank Interest receivable	6,483	6,114
	<hr/>	<hr/>
GROSS INCOME	<u>506,984</u>	<u>417,097</u>
EXPENDITURE		
On-going Projects	366,846	279,030
Harambee Team Costs	91,684	88,080
Fundraising Costs	38,837	48,649
General Admin Costs	29,508	21,723
	<hr/>	<hr/>
	526,875	437,482
Surplus/(Deficit) for the Year	(19,891)	(20,385)
Transfer to Restricted Funds		(10,000)
	<hr/>	<hr/>
	(19,891)	(30,385)

Balance Sheet As at 31 December 2011

	<u>2011</u>	<u>2010</u>
	€	€
CURRENT ASSETS		
Stocks	2,496	2,844
Debtors and prepayments	8,437	9,167
Cash at bank and in hand	170,201	383,090
Designated Bank Funds	10,234	10,073
	<hr/>	<hr/>
	191,368	405,174
CREDITORS	(12,581)	(206,496)
NET CURRENT ASSETS	<u>178,787</u>	<u>196,678</u>
FUNDS		
Unrestricted Funds	158,787	178,678
Restricted Funds	20,000	20,000
	<hr/>	<hr/>
	178,787	198,678

These Financial Statements were prepared by Deloitte & Touche on 15th May 2012.



Structure & Management of Friends of Londiani

Mission

The mission of Friends of Londiani is to work with the people of Londiani and its surrounding villages to develop and complete sustainable community projects to enable and empower the people to achieve an improved quality of life based on their values and become the authors of their own development. The Friends of Londiani will endeavor to achieve these goals in a spirit of co-operation and mutual respect with one another and with the people of the area. This partnership will enable members of Friends of Londiani to further develop skills and a deeper cultural understanding.

Vision

The vision of Friends of Londiani is for the people of the Kipkelion District of Kenya to have an improved quality of life based on Kenyan values. This development will occur through participation in community projects. The projects will be implemented through partnerships based on the local communities self-identified needs in the areas of health, education, water provisions and sanitation.

The importance of cooperation will be evident in the work of the charity and its sustainability will be apparent through the involvement of the communities and their ownership of the projects.

Legal status

Friends of Londiani was founded in 2002 by a group of Irish volunteers who worked in partnership with the people of Londiani on community development projects. A Board of Directors was established in 2005 and the group was officially registered as an Irish Charity. FOL is recognised by the Revenue Commissioners as having registered charity status and the charity number is CHY16505. Friends of Londiani is a Limited Company registered with the Companies Office since February 2005 and the registered company number is 398094.

Friends of Londiani Ireland works in partnership with Friends of Londiani Kenya, a registered Non-Governmental Organisation in Kenya.

Organisation

Board of Directors and Management Team

FOL is governed by the Board of Directors. The Board is composed of 9 Non-Executive Directors plus the Executive Director. The Board meet 3 times a year and has ultimate responsibility for directing the affairs of Friends of Londiani, ensuring it is solvent, well-run and delivering the outcomes for which it has been set up. The Board is responsible for the strategic direction of FOL, safeguards the ethos of FOL and is responsible for the audit and finance of Friends of Londiani including money, insurance and legalities. The Directors have responsibility for, and are aware of the risks associated with the operating activities of FOL. Adequate systems of internal control are in place which aim to ensure compliance with laws and policies, ensure efficient and effective use of resources, safeguard assets and maintain the integrity of financial information produced. Financial information is subject to detailed review at Board level.

In between Board meetings, the day-to-day management of the organisation is delegated to the Management Team. This team consists of the Executive Director and three members of the Board. They meet on a monthly basis and ensure the actions from Board meetings are carried out, organise national events and coordinate the organisation of volunteer projects.

Focus Groups

Friends of Londiani has Focus Groups that are run by individuals who volunteer their expertise and time to FOL across a number of key areas – both programme and organisation. They report directly to the Executive Director.

Staff & Operations

Day to day operations are undertaken by the Executive Director. From time to time 3rd party services are provided to FOL and these are coordinated by the Executive Director. These include suppliers, auditors and solicitors.

Volunteers

The Board of Directors wishes to gratefully acknowledge the work of Friends of Londiani volunteers here in Ireland and in Kenya. FOL relies on its volunteers to participate in its development education programme and fundraising activities. Communities in Kenya depend on the spirit of volunteerism to achieve their desired project aims. FOL regularly runs Harambee volunteer projects which enable Irish volunteers to experience the community development projects in Kenya.

Programme Areas

The three programme areas are Health, Education and Water and are based on helping to achieve the Millennium Development Goals, implementing the Kenyan Ministry of Health Community Health Strategy and are in line with the Government of Kenya Kipkelion District Plan. The Development Education Programme is to deepen peoples understanding of global issues and encourage people to act to create a more just and equal world.

Future Developments

FOL has a three-year strategic plan in place. This plan commits FOL to continue its work in the programme areas explained above through a community development methodology. FOL's ethos of volunteerism will continue to be an integral part of FOL's work and the key partnership with Friends of Londiani Kenya will continue to develop to ensure sustainability of the organisation.



Organisation of Friends of Londiani

Board of Directors

Ms Maria Kidney, Chairperson
Ms Helen Concannon, Vice Chairperson
Mr Martin Ballantyne, Secretary
Mr Joe Willis, Treasurer
Ms Hazel Murphy
Mr Gerard Murphy
Ms Deirdre Henley
Dr. Meabh Ní Bhuinneáin
Mr John Spillane

Chief Executive Officer

Mr. Martin Ballantyne

Focus Group Chairpersons

Education: Jenny Gannon
Health: Laura Ahern
Water: Anita Layden
Fundraising: various
Marketing: Liam Kidney

Management Team

Ms. Maria Kidney
Ms. Helen Concannon
Mrs. Hazel Murphy
Mr. Martin Ballantyne

Friends of Londiani Contact Details

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Facebook: <http://www.facebook.com/londiani>

Follow us on Twitter: <http://twitter.com/#!/londianicharity>