



Brighter Communities Worldwide Policy on protecting Vulnerable Adults

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Purpose of the policy

- Brighter Communities Worldwide recognises that the Irish Government's legislation to protect children also covers protection of vulnerable adults.
- Brighter Communities Worldwide has a Child safeguarding policy and the purpose of this policy is to describe how Brighter Communities Worldwide are also committed to protecting the rights of Vulnerable Adults.
- It includes a code of behaviour for use by staff and volunteers. This policy is for sharing with our partners, volunteers, staff, donors and any other person or organisation who wants to know how Brighter Communities Worldwide aims to safeguard vulnerable adults.
- This policy applies to Brighter Communities Worldwide in Ireland and our partner organisation Brighter Communities Worldwide in Kenya.
- All stakeholders who sign up to a Memorandum of Understanding (MOU) with Brighter Communities Worldwide will also agree to abide by this policy.

Aims of the policy

- To define what is meant by the term 'vulnerable adult' and to define the types of abuse they may be susceptible to.
- To provide guidelines to be followed which will protect vulnerable adults. This includes adults who are disabled, from minority ethnic/faith groups and regardless of gender, sexuality or culture.
- To provide guidelines on how to respond to any incidences or allegations of abuse to vulnerable adults.
- To raise awareness of the need to safeguard vulnerable adults and how to do that among Brighter Communities Worldwide staff, volunteers and the partners we work with.
- To demonstrate our commitment to a culture of safeguarding in the Irish humanitarian and development sector as signatories to the Dochas Safeguarding Code.

Definition of a vulnerable adult

- An **vulnerable adult** (adult at 'risk') is defined as *"any person aged 18 years and over who is or may be in need of community care services by reason of mental health issues, learning or physical disability, sensory impairment, or unable to protect themselves due to age or illness and who may be unable to take care of themselves or unable to protect themselves against significant harm or serious exploitation"*. Since 2005, the range of adults considered to be at risk has been widened to include people encountering domestic abuse, substance misusers and asylum seekers.



Prevention of harm to vulnerable adults

Brighter Communities Worldwide recognises that safeguarding vulnerable adults is about identifying situations that could put them at risk and managing those risks to minimise them. The prevention of harm to vulnerable adults follows similar lines.

Recruitment of staff and volunteers will include –

- Garda vetting/Police checks within the bounds of the relevant vetting authority guidelines.
- References from previous employers or voluntary organisations describing any previous experience of working with vulnerable adults
- Interviews where staff and volunteers will be given the opportunity to state if there is any reason why they might not be suitable for working with vulnerable adults.

Management of staff & volunteers will include -

- The code of behaviour for safe guarding vulnerable adults to be followed and signed will also apply to vulnerable adults (see annex for copy)
- Provision of a copy of Brighter Communities Worldwide policy on Safeguarding Vulnerable Adults
- Familiarity with the list of Do's and Don'ts around working with vulnerable adults will also apply to working with vulnerable adults (see annex)
- Use of images and reference to the Dochas Code of Images and Messages to which Brighter Communities Worldwide are signatories.
- Training on Safe Guarding Vulnerable Adults (similar to Child Safeguarding) which will be renewed every two years.

Working with partners

- Brighter Communities Worldwide draw up a Memorandum of Understanding with all partners we work with to agree how the partnership will operate.
- As part of this MOU, Brighter Communities Worldwide policies on safeguarding children and vulnerable adults are taken into consideration.
- Partners will also be informed that Brighter Communities Worldwide have a similar policy on protecting vulnerable adults and copy will be supplied to the partner.

Public Awareness

- Each of the offices of Brighter Communities Worldwide will display a notice outlining a summary of the policy, and appropriate contact numbers. The notice will be accompanied by an organigram explaining the processes in the policy.



Cross reference to Child Safeguarding policy

The same measures that Brighter Communities Worldwide use to respond to safeguarding children from harm will be used to protect vulnerable adults.

Response to Vulnerable Adult Safeguarding issues

To aid staff, volunteers and partners to respond sensitively and seriously to a vulnerable adult who discloses information about abuse, and be confident and able to take appropriate action swiftly.

- **Response to a vulnerable adult making a disclosure -**

These are the steps to follow for immediate response to a vulnerable adult who discloses they are being, or have been, abused –

- Listen to and accept what the vulnerable adult is saying.
- Do not investigate, and do not inform, question or confront the alleged abuser.
- Take the alleged abuse seriously.
- Reassure the vulnerable adult that they have done the right thing by telling you.
- Let them know you need to tell someone else. Do not promise total confidentiality.
- In the case of a vulnerable adult in a school or other organisational setting, encourage the vulnerable adult to speak to an adult they trust within that organisation.
- Let the vulnerable adult speak freely but do not press for information.
- Let the vulnerable adult know what you are going to do next and that you will let them know what happens.
- Make a record of what you have heard whilst it is still fresh in your mind. Include the date and time of your conversation and any incident disclosed.
- Inform Brighter Communities Worldwide that a vulnerable adult has spoken to you – a staff member should bring this to their manager and a volunteer to their project leader (if in Kenya) or the office manager (if in Ireland).

- **Response from Brighter Communities Worldwide -**

If any staff member or volunteer reports that a vulnerable adult has made a disclosure of abuse to them, the following steps will be taken by Brighter Communities Worldwide -

- **Avoid any delay** – best practice is to respond within 24 hours.
- Brighter Communities Worldwide will have a board member on both the Irish and Kenyan boards who will have **special responsibility for vulnerable adult safeguarding**.



- In the event of the **disclosure coming from a vulnerable adult in Ireland** – the office manager in Ireland will take the report to the relevant authorities in Ireland (Tusla Child & Family Agency and the Gardai) following guidelines from the Department of Children and Youth Affairs Children First – National Guidance for protection and welfare of children. If the disclosure is made in a school then the report will be made to the school’s vulnerable adult safeguarding office. The office manager should inform the relevant board member in Ireland that this is happening.
- In the event of the **disclosure coming from a vulnerable adult in Kenya** – the project leader will take the report to the project manager in Kenya (in some cases this may be the CEO if in country) and that person will consult with the relevant member of the board in Kenya as to what steps to take next.
- In all cases, a record will be kept by the office manager or project manager of the steps being taken and made available to the appropriate social services department and/or police station if required.

If a vulnerable adult alleges that a Brighter Communities Worldwide staff member or volunteer has abused them, the following steps will be taken by Brighter Communities Worldwide -

- **Avoid any delay** – best practice is to respond within 24 hours.
- That staff member or volunteer will be **asked to take leave from their duties immediately** until an investigation has been completed. In the case of a staff member, they will remain on full pay. In all cases, it should be made clear that suspension does not imply guilt but rather protects all parties whilst an investigation is undertaken.
- In the event of the **allegation coming from a vulnerable adult in Ireland** – the office manager in Ireland will take the report to the relevant authorities in Ireland following guidelines from the Department of Children and Youth Affairs Children First – National Guidance for protection and welfare of children. The office manager should inform the relevant board member in Ireland that this is happening.
- In the event of the **allegation coming from a vulnerable adult in Kenya** – the project leader will take the report to the project manager in Kenya (in some cases this may be the CEO if in country) and that person will consult with the relevant member of the board in Kenya as to what steps to take next.
- If the allegation happens in Kenya, it will be **treated as an incident** and the Brighter Communities Worldwide Incident Management chain of communication will be followed should it escalate further.
- **Confidentiality** around all records kept about the allegation will be scrupulously maintained and information will only be released to those in positions of authority.
- If the allegation against a Brighter Communities Worldwide staff member or volunteer is proved to be true, disciplinary action taken will include removal of the person from their position and no further engagement with Brighter Communities Worldwide will be considered.



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Policy review

Brighter Communities Worldwide will ensure that this policy is reviewed **every two years** and that an annual report on any incidents relating to safeguarding vulnerable adults is made to its board of directors.



Annex

Definitions of Abuse

Abuse is the violation of an individual's human and civil rights by any other person or persons. This occurs in many forms and may consist of a single act or repeated acts. It may also be shown by a failure to act in order to protect vulnerable people.

- There are several kinds of abuse:
 - **Physical abuse** is actual or likely physical injury to a person, such as hitting, kicking or shaking, where there is definite knowledge, or reasonable suspicion, that the injury was inflicted or knowingly not prevented.
 - **Emotional abuse** is harm done by persistent or severe emotional ill-treatment or rejection, such as degrading punishments, threats, not giving care and affection and bullying, resulting in adverse effects on the behaviour and emotional well-being of a vulnerable adult.
 - **Neglect** occurs when basic needs such as food, warmth and medical care are not met, or when there is failure to protect a vulnerable adult from exposure to any kind of danger, resulting in serious impairment to their health or development.
 - **Sexual abuse** occurs if a vulnerable adult is used for the sexual gratification of another adult – whether or not they are pressured or forced. Sexual abuse includes incest, rape and fondling. It may also include non-contact activities such as showing pornography or internet based activity. Sexual abuse may involve siblings or other family members, or persons outside the family.
 - **Financial exploitation** including misusing or stealing the person's property, possessions or benefits, cheating them, using them for financial gain, putting pressure on them about wills, property, inheritance or financial transactions.
- Abuse may be current or recent, or in some cases, historical, i.e. an adult may disclose sexual abuse that took place when he/she was a child. Abuse may be carried out by adult men or women, or by siblings or other young people.
- There are some groups of adults who are especially vulnerable - adults with physical disabilities, mental health issues or adults living in residential care.

Definitions with reference to this policy

- Brighter Communities Worldwide **staff** refers to individuals who receive a regular salary for work in any part of Brighter Communities Worldwide including staff in Kenya and Ireland. Also included are individuals who are contracted to work for Brighter Communities Worldwide on short term basis.
- Brighter Communities Worldwide **volunteers** refers to a range of individuals who are committed to working with and supporting Brighter Communities Worldwide. It includes individuals on Harambee projects; visitors who travel to Kenya; members of board in Ireland and Kenya; volunteers who support the work done in Ireland on awareness raising, fundraising etc; volunteers involved in school link programmes. Brighter Communities Worldwide acknowledges that on occasion volunteers can be



under 18 and as such are themselves within the age range that this policy is designed to protect.

- Brighter Communities Worldwide **partners** are all those people who work with Brighter Communities Worldwide in implementing programmes, from donors to volunteer to organisations in Kenya.

Dóchas Safeguarding Code

Brighter Communities Worldwide is a member of Dóchas and a signatory to the Dóchas Safeguarding Code.

The leaders of Ireland's international development and humanitarian NGO's are committed to creating a world where justice, equality and solidarity and respect for human rights are the norm. This includes ensuring that those who work in and with our organisation and communities and children with whom we work are kept safe from all forms of violence, abuse and exploitation.

This is achieved through:

- A Code of Conduct
- Continuous learning
- Commitment to change
- Supporting the creation of stronger safeguarding cultures

Through creating effective approaches to safeguarding, organisations will be enabled to deliver programmes and activities of the highest standard

<https://www.dochas.ie/resources/safeguarding/dochas-safeguarding-code/>

Code of Behaviour

There are some simple rules of behaviour that will help to create a safe and secure environment for vulnerable adults we are working with and avoid situations where abuse or allegations of abuse may occur.

- Respect vulnerable adults and listen to them.
- Encourage vulnerable adults to feel comfortable enough to talk to others about any concerns they have and to point out attitudes and behaviour they do not like.
- Consider situations which may present risks to vulnerable adults and manage them so that the risks are minimised.
- Do not spend time alone with vulnerable adults – plan activities so that more than one adult is present or, at least, other people are within sight and hearing.
- Ensure that adults and vulnerable adults have separate sleeping accommodation if it is a residential event.



- Do not take vulnerable adults alone in a vehicle, even for short journeys, unless this is unavoidable for safety reasons. If this is unavoidable, make sure that another adults or another member of staff is aware it is happening.
- Do not engage in inappropriate physical or verbal contact with vulnerable adults such as hugs or horseplay - suggestive remarks or gestures even in fun.
- Avoid being drawn into inappropriate attention-seeking behaviour, such as tantrums or crushes.
- Do not show favouritism to any vulnerable adult over another.
- Do not engage in sexually proactive or provocative games.
- Do not do things of a personal nature for vulnerable adults that they can do themselves, e.g. using the toilet/latrine.

N.B. If it is absolutely necessary to do things of a personal nature for vulnerable adults, particularly if they are very young or are disabled, then the tasks should only be carried out with the full understanding and consent of their parents/carers. In an emergency situation that requires this type of help, you should endeavour to have someone present and fully inform the parent/carers as soon as it is reasonable possible. In such situations it is important that you ensure that all staff etc. are sensitive to the vulnerable adult and undertake personal care tasks with the utmost discretion.

- Do not use the internet to access child pornography sites.
- Do not trivialise or exaggerate vulnerable adult abuse issues.
- Do not rely on just your good name to protect you or believe that an allegation of vulnerable adult abuse could never happen to you.

Annex 1 International Standards Safeguarding Policies

1. The organisation has a written child safeguarding policy, approved by the relevant management body, to which all staff, volunteers and associates (including partners) are required to adhere.
2. The UN Convention on the Rights of the Child and other Conventions and Guidelines pertaining to children informs the policy of the organisation.
3. The policy is written in a way that is clear and easily understandable and is publicised, promoted and distributed widely to all relevant stakeholders, including children.
4. The policy is clear that all children have equal rights to protection and that some children face particular risks and difficulties in getting help, because of their ethnicity, gender, age, religion or disability, sexual orientation.
5. The policy addresses safeguarding children from harm through misconduct by staff, volunteers, associates and others, from its operational activities where these may harm children, and from poor programme design and/or delivery.
6. The organisation makes clear that ultimate responsibility for ensuring the safety of children rests with senior executives (CEO and Directors) and managers.



7. Policies and procedures are reviewed at regular intervals and formally evaluated every three years

8. Staff and volunteers are aware of whistleblowing policies or guidelines, reporting mechanisms and disciplinary procedures to prevent, address and redress inappropriate behaviour of staff, volunteers, contracted or other personnel towards each other, children, vulnerable adults and the wider community

9. Staff and volunteers receive relevant training on child and vulnerable adult protection and on safeguarding policies and procedures

10. A workplan is in place to support the implementation of the safeguarding and associated policies.



Reporting concern of Vulnerable Adult abuse - Report template

Part One: Person Reporting

Name

Please circle relevant one:

- Brighter Communities Worldwide Staff Member
- Brighter Communities Worldwide Volunteer
- Other

Details of any other organisation involved

Your relationship to the vulnerable adult concerned

Part Two: About the Vulnerable Adult (s)

Name(s)

Male or female?

Age

Address

Who does the vulnerable adult live with?

Part Three: About Your Concern

How did you come to have a concern: was abuse observed or suspected?

Was an allegation made?

Did a vulnerable adult disclose abuse?

Date, time and place of any incident(s)

Nature of concern/allegation

Observations made by you (e.g. vulnerable adult's emotional state, any physical evidence)

Write down exactly what the vulnerable adult said and what you said.

Any other relevant information? (e.g. disability? language?)

Were other vulnerable adults involved or aware?

Who have you reported this incident/concern to?

Time and date of reporting

Advice given and action taken



DECLARATION

Brighter Communities Worldwide is fully committed to safeguarding the well-being of vulnerable adults by protecting them from abuse of all kinds e.g. neglect, physical, sexual and emotional harm.

Working as an employee, contractor or volunteer with Brighter Communities Worldwide it is important that you have taken time to thoroughly read this Vulnerable Adult Safeguarding Policy.

By being made aware of the policy it is our intention to ensure that we are all pro-active in providing a safe and secure environment for the vulnerable adults we come across in our work.

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Declaration:

I have read and understand Brighter Communities Worldwides Vulnerable Adult Safeguarding Policy. I have also read and understand the Dochas Safeguarding Code.

I accept the aims of this policy.

I agree to abide by its principles and follow the guidelines set out.

Signed: _____ Date: __/__/__

Name: _____

(Please print)

Position: _____

Office: _____

This will be kept in on file.